

Cindy McCormack, LCSW
2290 East Avenue
Rochester, NY 14610
585 402-6156

PRACTICE OVERVIEW

I am a licensed counselor with my master's degree in social work from Fordham University. I believe in a client-centered/collaborative approach to counseling in which the therapist and client work together to define goals and develop practical approaches to improve client's lives. Counseling is most effective when a client regularly attends scheduled appointments and more importantly finds the courage to take action in their lives to do something different to effect change. My goal is to assist with the change process for the client's desired outcome.

EMERGENCIES

When I am with a client or unavailable, your telephone call will be answered by my confidential voice mail. Your call will be returned as soon as possible, generally within 24 hours. If you are calling with a true emergency, please follow the instructions on my voice mail.

CONFIDENTIALITY

Our conversations are private and confidential. Your written approval is required for me to share, with anyone, that you see me for treatment and what you have shared with me. The only circumstances when information would be released without your approval are: 1) a situation arises that could produce harm to yourself or others; 2) suspected abuse of or neglect of a child/elder/or disabled person; 3) a court order subpoena; 4) if your claims are submitted to your insurance company which has the right to review your records for quality of care and medical necessity issues.

FEE POLICY

Payment of fee is expected at the time services are rendered. Please cancel your appointment as soon as you are aware you may not be able to keep it. You will be charged the full fee for time reserved for you if you fail to cancel in less than twenty-four hours. You will be billed for the missed appointment.

I HAVE READ AND UNDERSTAND THE ABOVE. I ACCEPT THE CONDITIONS OF TREATMENT.

Signature _____ **Date** _____